BRIEFING TO HEALTH SCRUTINY

Report Title: Adult Mental Health Update

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Requirement from the Health Scrutiny Subcommittee:

The Health Scrutiny Committee has requested review of the current status and plans for adult mental health in Oldham, including Mental Health Concordat and 5 Ways to Wellbeing.

Recommendations

The Health Scrutiny Committee will receive an update on the following mental health work programmes:

Mental Health and Wellbeing

 Overview of the prevention concordat and how, through approaches such as 5 Ways to Wellbeing and mental health literacy, it supports the wider health economy to embed mental health and wellbeing into strategic decision making in Oldham.

Common Mental Health Problems

 Developments within IAPT Plus (Improving Access to Psychological Therapies) and future requirements to enhance specialist support to people with long-term physical health conditions and perinatal mental health.

Community, Acute and Crisis Care

- Delivery of the Early Intervention in Psychosis (EIP) targets on access and NICE compliance;
- Support to people with a severe mental illness receiving annual physical health checks;
- Local and GM transformation schemes supporting crisis and acute mental health including enhanced liaison mental health in hospital and in the community, Oldham Crisis Safe Haven, and Psychological Medicine in Primary Care;
- Reducing the number of out of area placements for Oldham residents;
- Overview of the Oldham suicide prevention action plan.